



Centers for Disease Control and Prevention  
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## Winners Selected – Seeing My World through a Safer Lens Video Contest

The CDC Injury Center asked – What does injury and violence prevention look like in your community?

And, the [Seeing My World through a Safer Lens](#) video contest received [25 eligible submissions](#) in response to that question – but only three videos could be selected as winners.

- Professional Category: [Safety Begins with You](#)
- Student Category: [Protect Your Brain, Wear a Helmet](#)
- General Public Category: [Things Men Say to Men who Say Things to Women on the Streets](#)

Injury and violence professionals, students, and the general public came together from around the country to submit videos to the contest. The submissions included topics from older adult falls to cyber bullying, from helmet safety to child passenger safety, and from violence prevention to teen driving safety.

An expert panel of judges scored each video in the categories of creativity, use of an injury or violence topic area, communication of the positive injury or violence message, length of video, and video and audio quality. Each winning video will be awarded \$500.00 and will be featured on the CDC Injury web pages and social media channels.

The contest was held in honor of the [Injury Center's 20<sup>th</sup> anniversary](#) as a way to show the importance of activities that were happening in communities across the nation to prevent injuries and violence.

Injuries and violence affect everyone, regardless of age, race, or economic status. And Americans 1 to 44 years in age are more likely to die from an injury- like a motor vehicle crash, fall, or homicide- than any other cause. But injuries and violence are preventable! The research done at the [CDC Injury Center](#) leads to a better understanding of injuries and violence and shows how they can be prevented.

